### ADVANCED DIRECTIVE INFORMATION

### **CHOICES:**

- Medical Science has grown over the last thirty years. Doctors have found new and better ways to help patients who have health problems. Because of these new findings patients have more choices when deciding what type of care is best for them.
- Your medical care can now include breathing machines(ventilators), kidney
  machines (dialysis), feeding with tubes, and CPR(cardiopulmonary
  resuscitation). Knowing about these options, you can decide what care you
  would like if something happens to you or a loved one. You may want all types
  of care used or you may not want anything except to have your pain controlled
  so that you can live the rest of your life comfortably.
- You can accept the medical care offered or you can reject it. This is your right.
   Whatever you choose to do, the doctors and nurses are there to help you.

# PLANNING FOR THE FUTURE:

- You may not be able to make a decision in the future because of an illness or injury, so you should think now about the type of care you would like.
- You should talk to your family and your doctor about your wishes. Your doctor can help you by telling you what is available. In case something does happen, your doctor and family know what care you want.

#### ADVANCED DIRECTIVES:

- There are two types of advance directives that you can use. These papers are called the Medical Power of Attorney and the Living Will.
- A copy of our Advanced Directive Policy will be available for your review at the time of registration.

# **MEDICAL POWER OF ATTORNEY:**

 A Medical Power of Attorney is someone who you trust to make decision for you. This person will share your instructions with your doctor. They can be your spouse, a parent, an adult child, or a friend. This person will only be used if you are unable to make decisions for yourself.

#### LIVING WILL

A Living Will states your wishes about the medical care you want. This will only
be used if you are unable to make decision at that time. This paper can be
general or it can be detailed. This legal paper helps the doctor know and
follow your wishes. If you would like to change any part of these forms you
should tell your doctor so that the changes can be made.